

## **VERMONT DEPARTMENT OF MENTAL HEALTH**

Commissioner's Office 652-2002  
108 Cherry St, PO Box 70, Burlington 05401

Deputy Commissioner's Office 652-2002  
108 Cherry St, PO Box 70, Burlington 05401

Adult Mental Health Services 652-2000  
Child, Adolescent & Family Services 652-2000  
Legal Services 657-4310  
State Interagency Team 652-2000  
Vermont State Hospital, Waterbury 05671 241-1000 TTY  
TTY Relay Service (tty) 800-253-0191  
TTY Relay Service (voice) 800-253-0195

## **COMMUNITY MENTAL HEALTH CENTERS**

### **Addison County:**

#### **Counseling Service of Addison County**

Main Office (mailing address) 388-6751 TTY  
89 Main St, Middlebury 05753 FAX 388-3108

24-Hour Emergency Service 388-7641

25 Mountain View St, Bristol 05443 453-3009  
20 Armory Lane, Vergennes 05491 877-3543

Evergreen House 388-3468  
Addison County Employment Services 388-8185

Developmental Services  
Community Associates  
61 Court St, Middlebury 05753 388-4021

Employment Associates 388-3488

### **Bennington County:**

#### **United Counseling Service of Bennington County, Inc**

PO Box 588, 100 Ledge Hill Dr 442-5491 TTY  
Bennington 05201 FAX 442-3363

Manchester Office 362-3950  
Developmental Services 442-5491  
Community Rehabilitation & Emergency Services 442-5491  
Specialized Children's Services 442-5491  
Head Start 442-3686

24-Hour Emergency Services 442-5491  
Family Emergency Services 442-1700

**Chittenden County:****HowardCenter, Inc.**

General Information 488-6000  
Administrative Office 488-6900  
208 Flynn Ave, Burlington 05401 FAX 488-6901

24-Hour Adult MH Crisis Service 488-6400  
FAX 488-6201

24-Hour Substance Abuse Crisis Line 488-6425  
FAX 488-6431

First Call for Children & Families 488-7777

Child, Youth & Family Services 488-6600  
1138 Pine St, Burlington 05401 FAX 488-6601

Mental Health & Substance Abuse Services 488-6200  
300 Flynn Ave, Burlington 05401 FAX 488-6201

Community Support Programs 488-6200  
Program Information 488-6210  
Residential Programs 488-6228  
Streetwork Outreach Team 324-8355

Clinical Training Programs/Addictions Academy On  
Co-Occurring Disorders 488-6154  
855 Pine St, Burlington 05401

Pine Street Counseling Center 488-6100  
Project CRASH 488-6150  
855 Pine St, Burlington 05401 FAX 488-6153

The Chittenden Clinic 656-3700  
1 South Prospect St, Burlington 05401 FAX 656-3701

Chittenden District Court Program 488-6050  
Chittenden Family Court Program 488-6052

Co-Occurring Disorders Treatment Program 488-6006  
45 Clarke St, Burlington 05401 FAX 488-6008

Safe Recovery & Education Program 488-6067  
28 Pine St, Burlington 05401 FAX 488-6068

Westview House 488-6023  
50 South Willard St, Burlington 05401 FAX 488-6024

Developmental Services 488-6500  
102 South Winooski Ave, Burlington 05401  
FAX 488-6501

Substance Abuse Treatment Services 488-6265  
172 Fairfield St, St. Albans 05478 or local 524-7265  
FAX 488-6266 or local 524-5723

**Caledonia, Essex & Orleans Counties:**

**Northeast Kingdom Human Services, Inc.**

Administrative Office, Mental Health & Substance Abuse Services  
PO Box 724, 154 Duchess Ave, Newport 05855 334-6744 TTY  
FAX 334-7455

Developmental Services  
190 Citizens Rd, Derby 05829 334-7310

CRT Program  
55 Seymour Ln, Newport 05855 334-3035

24-Hour Emergency Service  
St. Johnsbury 748-3181  
Newport 334-6744

Mental Health, Substance Abuse & Developmental Services  
PO Box 368, 2225 Portland St, St. Johnsbury 748-3181 TTY  
FAX 748-0704

Hardwick Satellite Office (MH,SA) 472-6581  
Kingdom Way Group Home (DS) 334-4598  
Waterford Group Home (DS) 748-1572  
Lyndon Women's Home (DS) 626-8704

Employment Support Resources 748-5820  
515 Bay St, St. Johnsbury 05819

C.A.R.E. Program – Crisis Stabilization 748-6960  
46 Route 18, St. Johnsbury 05819

**Franklin & Grand Isle Counties:**

**Northwestern Counseling & Support Services, Inc.**

Main Office 524-6554  
107 Fisher Pond Rd, St. Albans 05478 FAX 527-7801

24-Hour Emergency Service 524-6554  
800-834-7793

Behavioral Health Services 524-6554  
Community Support Programs 524-6554 TTY

Therapeutic Residence 524-0568  
22 Upper Weldon St, St. Albans 05478

HUD Transitional Residence 524-2421  
174 North Main St, St. Albans 05478

Walk-in Services (open 10 am to 12 pm) 524-6554

Children, Youth & Family Services 524-6554  
107 Fisher Pond Rd, St. Albans 05478

Soar 527-7514  
McGinn Dr, St. Albans Bay 05481

The Family Center of Northwestern Vermont 524-6574  
27 Lower Newton St, St. Albans 05478 FAX 524-1126

Developmental Services  
107 Fisher Pond Rd, St. Albans 05478 524-6554  
375 Lake Rd, St. Albans 05478 524-0574

**Lamoille County:****Lamoille County Mental Health Services, Inc.**

275 Brooklyn St, Morrisville 05661 888-5026  
 Developmental Services  
 Community Rehabilitation and Treatment  
 Recovery Day Services  
 Child and Family Services 888-4914  
  
 24-Hour Emergency Service 888-4914  
  
 Johnson Group Home 635-7174  
 Stearns St, Johnson 05656  
  
 Copley House 888-7323  
 Washington Hwy, Morrisville 05661

**Orange County:****Clara Martin Center**

24-Hour Emergency Service 800-639-6360  
 Main Office 728-4466  
 11 Main St, PO Box G, Randolph 05060 FAX 728-4197  
  
 24 South Main St, PO Box G, Randolph 05060 728-6000  
 FAX 728-5655  
  
 356 VT Rte 100, Chelsea 05038 685-4859  
  
 1483 Lower Plain Rd, Bradford 05033 222-4477  
 FAX 222-3242  
  
 East Valley Academy 728-3896  
 579 VT Rte 14 South, PO Box 237 FAX 728-4926  
 East Randolph 05041  
  
 Wilder Office/ Quitting Time 295-1311  
 39 Fogg Farm Rd, PO Box 816, Wilder 05088  
 FAX 295-1312  
  
 Crash Weekend Program with VA 296-6602  
  
 Safe Haven/ Homeless Shelter 728-5233  
 4 Highland Ave, Randolph 05060

**Rutland County:****Rutland Mental Health Services, Inc.**

Main Office 775-2381  
 78 S Main St, Rutland 05701 FAX 775-4020  
 24-Hour Emergency Service 775-1000  
  
 Community Access Program 775-0828  
 78 S Main St, Rutland 05701 FAX 747-8224  
  
 7 Court Sq, Rutland 05701 775-4388  
 FAX 775-3307  
  
 Evergreen Substance Abuse Services 747-3588  
 135 Granger St, Rutland 05701 FAX 775-7196

**Washington County:****Washington County Mental Health Services, Inc.**

24 Hour Emergency Services/General Info 229-0591

286 Hospital Loop, Berlin FAX 223-3667

Administrative Offices 229-1399

174 Hospital Loop, Berlin FAX 223-8623

Center for Counseling & Psychological Services

Referrals 229-0591

FAX 476-1476

Adult Psychotherapy Services 479-4083

23 Jones Brothers Way, Barre 05641

Child/Adolescent Psychotherapy Services 479-4083

23 Jones Brothers Way, Barre 05641

LINCS Program 479-4083

23 Jones Brothers Way, Barre 05641

Counseling Services of Washington County

58 State St, Montpelier 05602 229-8000

22 West St, Barre 05641 476-6484

Elder Treatment Services 229-8000

58 State St, Montpelier 05602

Community Rehabilitation & Treatment (CRT) Programs

Referrals 229-0591

Main Office, 9 Heaton St, Montpelier 05602 223-6328

FAX 229-8004

Sunrise Recovery Center

157 Barre St, Montpelier 05602 223-7544

Green Mountain Workforce

9 Heaton St, Montpelier 05602 223-6328

Chrysalis House, Waterbury 241-4124

Roadhouse, Barre 479-0534

CRT Group Homes

Seque House, Montpelier 229-5084

Single Steps, Montpelier 229-4109

Children, Youth & Family Services

Main Office, 260 Beckley Hill, Barre 05641 476-1480

FAX 479-4095

Child/Adolescent Psychotherapy Services

23 Jones Brothers Way, Barre 05641 479-4083

Choice Academy, 23 Summer St, Barre 05641 479-0012

New Leaf Day Care, 260 Beckley Hill, Barre 476-1480

Transition/JOBS, 23 Summer St, Barre 05641 479-4055

Community Development Services (CDS)

Main Office, General Information/Referrals 479-2502

50 Grandview Ave, Barre 05641 FAX 479-4056

Crisis Intervention Line (CDS only) 479-3004

Community Support Services  
23 Summer St, Barre 05641 479-4051

United Employment Services  
23 Summer St, Barre 05641 476-6339

Group Homes:  
Hill St, Barre 479-1477  
Arioli House, Barre 479-1439  
Orchard Hill House 479-2841  
Farmhouse, Orange 479-7064

Home Intervention, Barre 479-1339  
FAX 479-4090

Transportation Program, 23 Summer St, Barre 479-4050

MIS Department, 103 South Main St, Barre 479-4085

**Windham & Windsor Counties:**

**Health Care & Rehabilitation Services of Southeastern Vermont**

390 River St, Springfield 05156 886-4500  
FAX 886-4560

Connections 888-888-5144  
24-Hour Emergency Service 800-622-4235

Access VT for Families in Crisis 800-622-4235

**Children, Family, Adult & Elder Outpatient Programs & (WRAP)  
Windsor/Windham Recovery Assistance Programs**

51 Fairview St, Brattleboro 05301 254-6028  
1 Hospital Court, Bellows Falls 05101 463-3947  
390 River St, Springfield 05156 886-4500  
49 School Street, Hartford 05047 295-3031

**Community Rehabilitation & Treatment Services (CRT)**

28 Elm St, Brattleboro 05301 254-7511  
49 School St, Springfield 05156 295-9337  
390 River St, Springfield 05156 886-2600

Employment Services (All Programs) 886-2700  
390 River St, Springfield 05156

Group Homes:  
Beekman House, Proctorsville 05153 228-5434  
Woodstock Therapeutic Community 457-1845

Emergency Bed (Adult)  
Alternatives, 10 Lincoln St, Springfield 05156 885-7280

**Developmental Services:**

390 River St, Springfield 05156 886-4500  
49 School St, Hartford 05047 295-3031  
14 River St, Windsor 05089 674-2539  
51 Fairview St, Brattleboro 05301 254-6028

## **OTHER SERVICES**

**Brattleboro Retreat** 800-738-7328  
Mental health & substance abuse treatment for children, adolescents,  
adults & their families. Inpatient, residential, partial hospital, intensive  
outpatient & outpatient services.  
Anna Marsh Lane, PO Box 803, Brattleboro 05301 257-7785

Anna Marsh Behavioral Care Clinic 258-3707  
Starting Now 258-3705  
intensive outpatient substance abuse treatment

**Central Vermont Substance Abuse Services**  
100 Hospitality Dr, Berlin 05641 223-4156  
PO Box 1468, Montpelier 05601

**Behavioral Health and Wellness Center**  
Community Health Services of Lamoille Valley 888-8320  
530 Washington Hwy, Morrisville 05661 FAX 888-8136

**Fletcher Allen Health Care** (adults) 847-4560  
Out-Patient Psychiatry (youth) 847-4563  
1 South Prospect St, UHC Campus, Burlington 05401

**Lincoln Street, Inc.** 886-1833  
Developmental Disabilities Services 888-545-9533  
374 River St, Springfield 05156 FAX 886-1835

**Lund Family Center** 864-7467  
Residential Treatment Program for Pregnant or Parenting Teens and  
Young Women, Cornerstone Drug Treatment Program, New Horizons  
Educational Program, 76 Glen Rd, PO Box 4009, Burlington 05402

Independence Place 859-0468  
140 Mansfield Ave, Burlington 05401

**Maple Leaf Farm** 899-2911  
10 Maple Leaf Rd, Underhill 05489 800-254-5659  
FAX 899-9965

**Northeast Family Institute**  
Community-Based Services 658-0040  
30 Airport Rd, South Burlington 05403 FAX 658-1798

Administrative Office 658-0040  
30 Airport Rd, South Burlington 05403 FAX 658-0216

Intensive Residential Program 658-2441  
405 S Willard St, Burlington 05401 FAX 864-3857

Hospital Diversion Program 655-8833  
486 Main St, Winooski 05404 FAX 655-8834

Buffalo Mountain 472-9400  
39 Main St, Hardwick 05843 FAX 472-9411

Wheeler Mountain 525-4157  
357 Main St, Barton 05822 FAX 525-3841

Centerpoint 658-7711  
1025 Airport Dr, S. Burlington 05403 FAX 660-0132

Cornerstone 748-6282  
510 Portland St, St. Johnsbury 05819 FAX 748-5212

NFI Community Alternatives Program 254-2558  
72 Black Mtn Rd, Brattleboro 05301 FAX 254-1388

St. Albans Community Alternative Program 524-1700  
35 Catherine St, St. Albans 05478 FAX 524-1777

Springfield NFI 885-1055  
14 Clinton St, Suite 3, Springfield 05156 FAX 885-1057

Turning Points 334-7578  
215 Glen Rd, Newport 05855 FAX 334-7751

Caledonia School 748-4424  
125 School St, St. Johnsbury 05819 FAX 748-0069

**Otter Creek Associates**

Main Office 865-3450  
86 Lake St, Burlington 05401 FAX 860-5011  
80 Linden St, Brattleboro 05301 254-2291  
789 Pine St, Burlington 05401 951-2089  
2877 Spear St, Charlotte 05445 865-3450

The Cross House 649-2266  
11 Beaver Meadow Rd, Suite 4, Norwich 05055

15 Pinecrest Dr, Essex Jct. 288-1087  
47 Court St, Middlebury 388-9655

**Second Spring** 433-6183  
118 Clark Rd, Williamstown 05679 FAX 433-1309

**Spectrum Youth & Family Services** 862-5396 x310  
177 Pearl St, Burlington 05401 FAX 660-0578

**Spring Lake Ranch**

Residential, Dual Diagnosis Treatment, Therapeutic Work Community  
1169 Spring Lake Rd, Cuttingsville 05738 492-3322  
FAX 492-3331

**Spruce Mountain Inn** 454-8353  
Psychiatric/Dual Diagnosis Treatment Program, Residential & Day  
Treatment Services FAX 454-1008  
PO Box 153, Plainfield 05667

**Sterling Area Services** 888-7602  
109 Professional Dr, Morrisville 05661 FAX 888-1182

**Upper Valley Services**  
C/O ARIS, PO Box 4409, White River Jct 05001 295-1658  
267 Waits River Rd, Bradford 05033 222-9235  
12 Prince St, Randolph 05060 728-4476

**VA Mental Health & Behavioral Sciences Service**  
215 North Main St, White River Jct 05009 866-687-8387  
ext 5680 general info, ext 6132 for immediate access to services

Outpatient clinics in White River Jct, Bennington, Rutland, Colchester,  
St. Johnsbury and Newport

## **ADVOCACY AND KEY AGENCIES**

**Alzheimer's Association of Vermont** 477-7000  
172 North Main St, Barre 05641 800-272-3900

**Another Way** 229-0920  
PO Box 264, 125 Barre St, Montpelier 05601

**Friends of Recovery – VT** 229-6103  
PO Box 1202, Montpelier 05601 800-769-2798  
FAX 828-5252

**National Alliance on Mental Illness of Vermont** 244-1396  
(Siblings, Adult Children, Parents) 800-639-6480  
162 South Main St, Waterbury 05676 FAX 244-1405

**Vermont Federation of Families for Children's Mental Health**  
PO Box 507, Waterbury 05676-0507 244-1955  
800-639-6071 for family members only FAX 329-2135

**Vermont Psychiatric Survivors, Inc.** 775-6834  
1 Scale Ave, Suite 52 (Bldg 14), Rutland 05701 800-564-2106  
FAX 775-6823  
Counterpoint 800-564-2106  
Peer Support 800-564-2106  
Recovery Education 800-564-2106

In order to provide a reference guide to other agencies, departments and services, we have identified a number of organizations, public and private, which promote mental health and human services.

**Agency of Human Services** 241-2220  
103 South Main St, Waterbury 05671-0201

**American Civil Liberties Union (ACLU)** 223-6304  
137 Elm St, Montpelier 05602

**ARC of Vermont** 846-7291  
346 Shelburne Rd, Burlington 05401 FAX 846-7282

**Bi-State Primary Care Association** 229-0002  
61 Elm St, Montpelier 05602 FAX 223-2336

**Disability Law Project**  
264 N Winooski Ave, Burlington 05402 800-747-5022  
7 Court St, Montpelier 05602 800-789-4195  
57 North Main St, Rutland 05701 800-769-7459  
177 Western Ave, Suite 1, St. Johnsbury 05819 800-769-6728  
56 Main St, Suite 301, Springfield 05156 800-769-9164

**Governor's Information & Referral Office** 800-649-6825

**Health Care Ombudsman** 800-917-7787  
264 North Winooski Ave, PO Box 1367, Burlington 05402  
FAX 863-7152

**Mental Health Law Project** 800-265-0660  
121 South Main St, PO Box 540, Waterbury 05676 241-3222  
FAX 241-3239

**National Association of Social Workers – VT Chapter**  
PO Box 1348, Montpelier 05601-1348 223-1713

**Parent to Parent of Vermont** 800-800-4005  
600 Blair Park Rd, Suite 240, Williston 05495

**Prevent Child Abuse Vermont** 229-5724  
Parent's Together Support Group 800-244-5373  
PO Box 829, Montpelier 05601-0829 FAX 223-5567

**Stern Center for Language & Learning** 878-2332  
135 Allen Brook Lane, Williston 05495 800-544-4863  
FAX 878-0230  
1011 North Main St, Suite 28, White River Jct 05001 295-8773  
Toll free: 88-886-8463 FAX 295-8926

**University of Vermont/College of Education & Social Services**  
Waterman Bldg, Burlington 05405 656-3424

**University of Vermont/Department of Psychiatry** 847-3270  
Burlington 05405

**University of Vermont/Department of Psychology** 656-2670  
John Dewey Hall, Burlington 05405

**Vermont Achievement Center** 775-2395 TTY  
88 Park St, PO Box 6283, Rutland 05702-6283  
Family Focus Crisis Hotline 773-4225

**Vermont Association of Addiction Treatment Programs**  
55 Seymour Lane, Newport 05855 334-5246

**Vermont CARES** 800-649-2437  
Vermont Committee for AIDS Resources, Education & Services  
PO Box 5248, Burlington 05402 863-2437  
PO Box 6033, Rutland 05702 775-5884  
1235 Hospital Dr #2, St. Johnsbury 05819 748-9061  
600 Dalton Dr, Colchester 05446 655-8328

**Vermont Center for Independent Living** 229-0501 V&TTY  
11 East State St, Montpelier 05602 800-639-1522 V&TTY

**Vermont Coalition for Disability Rights** 223-6140  
11 East State St, Suite 2, Montpelier 05602 FAX 229-0503

**Vermont Council of Developmental & Mental Health Services**  
137 Elm St, Montpelier 05602 223-1773  
FAX 223-5523

**Vermont Department of Disabilities, Aging & Independent Living**

103 South Main St, Waterbury 05671-1601

Blind & Visually Impaired 241-2210  
Disability & Aging Services 241-2648  
    Community Development Unit 241-4534  
    Individual Supports Unit 241-1228  
    Information & Data Unit 241-2214  
    Office of Public Guardian 241-2663  
    Quality Management Unit 241-2614  
Developmental & Children's Services 241-3543  
Medical Services Unit 241-3543  
Licensing & Protection 241-2345  
    Abuse Reporting Line 800-564-1612  
Vocational Rehabilitation 241-2186 TTY  
Commissioner 241-2401

**Vermont Department of Education** 828-3135  
120 State St, Montpelier 05620-2501 FAX 828-3140

**Vermont Department of Health**  
**Division of Alcohol & Drug Abuse Programs** 651-1550  
108 Cherry St, PO Box 70, Burlington 05402 FAX 651-1573

**Vermont Department of Children & Family Services**  
103 South Main St, Waterbury 05671-2401 241-2100  
FAX 241-2980  
Child Welfare & Youth Justice Division 241-2131  
Child Development Division 241-3110  
Economic Services Division 241-2800  
Medicaid Member Services 800-250-8427  
Office of Child Support 241-2319

**Vermont Developmental Disabilities Council** 241-2612 V/TTY  
103 South Main St, Room #117, North Building, 888-317-2006 CV/TTY  
Waterbury 05671-0206 FAX 241-2989

**Vermont Dept of Banking, Insurance, Securities & Health Care Administration**  
89 Main St, Montpelier 05620-3601 828-2900  
Consumer Assistance Line 800-637-7788  
or to appeal health insurer coverage denials 828-2900

**Vermont Family Network** 876-5315 x228  
600 Blair Park Rd, Suite 240, Williston 05495 800-800-4005  
FAX 876-6291

**Vermont Health Access** 879-5900  
312 Hurricane Lane, Suite 201, Williston 05495 FAX 879-5919  
**Medicaid Member Services** 800-250-8427

**Vermont Housing & Conservation Board** 828-3250  
149 State St, Montpelier 05602

**Vermont Legal Aid** 863-5620  
264 North Winooski Ave, PO Box 1367, Burlington 05402  
800-889-2047

**Vermont Low Income Advocacy Council** 373-3366  
8 Railroad Ave, Brandon 05733

**Vermont Medical Society** 223-7898  
PO Box 1457, Montpelier 05601

**Vermont Mental Health Counselors Association** 985-8286  
PO Box 62, Shelburne 05482

**Vermont Program for Quality in Health Care** 229-2152  
PO Box 1356, Montpelier 05601 FAX 229-5098

**Vermont Protection & Advocacy** 229-2603 TTY  
141 Main St, Suite 7, Montpelier 05602 229-1355  
800-834-7890  
FAX 229-1359

**Vermont Psychiatric Association** 223-7898  
c/o Vermont Medical Society  
PO Box 1457, Montpelier 05601

**Vermont Psychological Association** 229-5447  
PO Box 1017, Montpelier 05601 FAX 225-8948

**Voices for Vermont's Children** 229-6377  
PO Box 261, Montpelier 05601

**Vermont State Legislature/State House**  
115 State St, Montpelier 05633-5301  
Sergeant-at-Arms 828-2228  
Legislators 800-322-5616

**Vermont Governor Jim Douglas**  
Office of the Governor 828-3333  
109 State St, Montpelier 05609-0101 828-3345 TTY  
FAX 828-3339

**TTY = telecommunications device for the hearing impaired**

## **VERMONT SENATORS AND REPRESENTATIVES**

**Senator Patrick Leahy** 229-0569  
PO Box 933, 87 State St, Montpelier 05601 800-642-3193

**Senator Bernard Sanders** 862-0697  
1 Church St, 2<sup>nd</sup> floor, Burlington 05401 800-339-9834  
(in-state only)

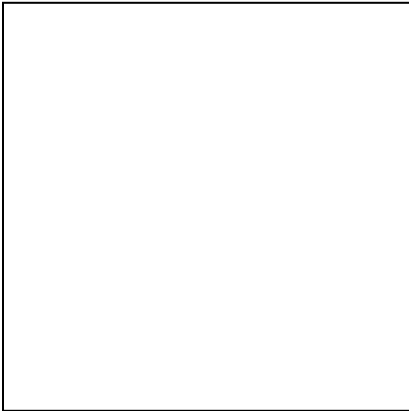
**Representative Peter Welch** 888-605-7270  
30 Main St, 3<sup>rd</sup> Floor, Suite 350, Burlington 05401

**The Vermont Association  
for Mental Health**

***YEAR 2009  
RESOURCE GUIDE***

Vermont Association for  
Mental Health  
P.O. Box 165  
Montpelier, VT 05601

(802) 223-6263  
1-800-639-4052  
FAX (802) 828-5252  
E-MAIL: [vamh1@aol.com](mailto:vamh1@aol.com)  
[www.vamh.org](http://www.vamh.org)



Ken Liberto, Ph.D.  
Executive Director, VAMH

Patricia McCarthy, Director  
Friends of Recovery-VT

El'Anya Nightingale, Peer Services Coordinator  
Friends of Recovery-VT

Amber Megrath  
Office Manager